

**Ministry of Education**

**Identified Competency Focus Areas and Core Courses for Ethiopian Higher Education Institutions’ Exit Examination**

**Program: - Bachelor of Science in Sport Science/ Physical Education**

Animal Sciences Graduates To Be Held In 2015 E.C

Competencies & Courses Suggested For Exit Examination For Bsc In

Animal Sciences Graduates To Be Held In 2015 E.C

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# INTRODUCTION

An **exit exam** is a test that assesses a student’s skills pertaining implements the competency of sport sciences. The exam is typically given to students towards the end of their higher education term, and is used to measure the general level of education received at a learning institution, rather than assessing skills gained from specific courses. As such, all the knowledge needed to answer a given question is contained within the question itself.

An **exit exam** refers to a specific form of assessment many higher education institutions utilize to examine the basic level of education obtained by its students. Also known as an end of course test, an exit exam may help a college or university make pertinent decisions to improve the quality of institution-wide education and, in some cases, can help assess the standard of education in specific courses or departments. In many instances, students are required to pass these exit exams in order to fulfill the requirements necessary to graduate.

Based on the given direction this prepared initial document contain the outline expected profile of graduates, competencies and learning outcomes, course to be included in the exam, categorized courses in the theme and conclusion

# EXPECTED PROFILES OF GRADUATES

Under Graduates of degree program in sport science/physical education will acquire a high level proficiency in sport science knowledge.

After the successful completion of the Program in sport science/physical education the graduate will be able to:

**Knowledge**

* Employ the sport science theoretical and practical knowledge in schools and training centers
* Give technical advice to the community in the field of sport;
* Serve in the Federal Sport Commission, Governmental and Non-Governmental organizations, in various aspects of sport activities;
* Able to promote skill development who can understand and respect the social and cultural value of the people;
* Support different sport federations as administrators and technical officers;
* Serves organizers for clubs, athletes and fitness centers; in general fitness industries
* Train different sport teams and clubs;
* Involves fitness instructors in different health oriented fitness centers or gymnasiums
* Contribute their professional knowledge and skill to improve the health statues of the society;
* Implement primary healthcare activities like promotion of health education services, prevention and control of major hypo kinetic diseases.

**Skill**

* Apply scientific sport training principles to maximize training and teaching
* Demonstrate the basic technique of team sport and individual sport
* Develop physical fitness for different sport nature
* Implement theory of sport coaching and teaching to promote training
* Test and Measure physical performances of trainees
* Manage sport competition in extramural and intramural level
* Implement tactic and strategies based on the nature of sport competition

**Attitude**

* Appraisal the contribution of movement to shape posture and sport technique
* Appreciate the benefit of sport and exercise for total wellness Develop interest to participate in different sport activity
* Raise awareness of sport industry attribute to life and health

# COMPETENCY AND LEARNING OUTCOME

After the successful completion of the Program in sport science/physical education the graduate will be able to:

* To provide knowledge, attitude and skill for students in concepts of sports, psychology of sports, measurement and evaluation in sports and Sport Management.
* To understand the types and characteristics of disability and organize different types exercise programs.
* To apply the knowledge and skills of sports medicine and Exercise physiology in their future practice.
* To provide Health and fitness performance for an athletes and the society.
* To Develop and upgrade the performance and skills of the students focusing on gymnastic movements and agility exercise.
* To provide basic technique, skill, tactics and strategies in individual and team sports.
* To develop student‘s skills in using appropriate methods for coaching.
* To enable to coach appropriate fundamental skills serving in different sports academies and training centers.
* To provide trained personnel who can lead and organize intramural & extramural activities in different organizations.
* To provide students with opportunities for field experiences in order to obtain practical experience needed for advancing their education and careers.
* To organize sport programs for the benefit of student‘s health &their recreational purposes.

# COURSES TO BE INCLUDED IN THE EXAM

1. Athletics (I and II)
2. Basic Gymnastic
3. Basketball
4. Exercise Physiology
5. Football
6. Handball
7. Health and Fitness / Physical Fitness and Wellness
8. History and Concepts of Sport
9. Introduction to Adapted Physical Education and Sports
10. Introduction to Sport Management
11. Introduction to Sport Psychology
12. Introduction to Structure of Coaching/method of teaching in physical education
13. Measurement and Evaluation in Sports
14. Sport Medicine
15. Volleyball

# CATEGORIZED COURSES IN TO THEMES

|  |  |  |
| --- | --- | --- |
| **CATEGORY** | **NO** | **COURSE TITLE** |
| Social Aspects | 1 | History and concepts of Sport |
| 2 | Introduction to Sport sychology |
| 3 | Measurement and evaluation in sports |
| 4 | Introduction to Sport Management |
| 5 | Introduction to Adapted physical education and sports |
| Team Sports | 6 | Volleyball |
| 7 | Football |
| 8 | Basketball |
| 9 | Handball |
| Individual Sports | 10 | Athletics |
| 11 | Basic gymnastics |
| Exercise Sciences | 12 | Health and fitness / Physical Fitness and Wellness |
| 13 | Sport medicine |
| 14 | Exercise physiology |
| Sport Coaching / Teaching | 15 | Introduction to structure of coaching / Teaching |

# CONCLUSION

The group of sport science works on this document, adopted graduate profile from sport science and physical education curriculum and classified in knowledge, skill and attitude, customize competencies and learning out comes based on the five thematic areas, selecting 15 courses and categorized in five themes.

Hence, the group of sport science recommends this term of references as a preliminary document and the selected courses to be considered in sport science and physical education exit exam and enables to measure the competencies of undergraduate university students.

**Remark**

*Since, the teaching learning of team and individual sports held 60% in practical class. The group to set the guideline suggests that, particularly the competencies of team and individual sports exit exam shall be practice for the betterment result of the assessment.*